

God's Blueprint for Life

WorkBook 4

Swing Your Sword!



Pieter de Waal
Co-Walk Ministries

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God's Blueprint for Life
WorkBook 4
"Swing Your Sword!"



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Work Session 1:

The Battle for Your Soul

Satan is constantly launching his flaming arrows at you.

These are arrows of Worry, Despair, Doubt, Unbelief, Anger, Deception, Confusion, Guilt, Condemnation, Frustration, Grief, Depression, Bitterness, and Disobedience.

Please answer the following questions to see how they are affecting you.

	Question	Yes/ No
1	Is there anything in your life that you feel guilty about?	
2	Is there anything in your life that you are scared of?	
3	Is there anything in your life that makes you stress?	
4	Is there anything in your life that confuses you?	
5	Is there anything in your life that frustrates you?	
6	Is there anyone in your life that you are in conflict with?	
7	Do you often feel lonely?	
8	Do you sometimes have problems with lust?	
9	Are you struggling with dirty thoughts?	
10	Do you feel rejected by anyone?	
11	Do you sometimes have to beg for money?	
12	Do you often get sick?	
13	Are you worried about your future?	
14	Do you find it difficult to pray?	

Notes: _____

If you answered Yes more often than you answered No, it is a clear sign that some of the enemy's arrows are reaching their targets in your life.

The purpose of these arrows is to bring Chaos, Turmoil, Discord, Enmity, Bondage, Estrangement, Hopelessness, Poverty and Disaster to your life. Ultimately they will leave you without power or direction.

It is time for you to resist the enemy's attacks on your life and put out Satan's burning arrows!

Are you ready?

Using the following table to determine how effective the enemy's arrows has been against you.

	Are the following true in any area of your life?	Yes / No
1	Chaos - (your life/thoughts are out of control)	
2	Turmoil - (you are disturbed in your emotions)	
3	Discord - (arguments and strife with those close to you)	
4	Enmity - (you hate someone or they hate you)	
5	Bondage - (any form of addiction)	
6	Estrangement - (people you don't want contact with)	
7	Hopelessness - (you feel like giving up,)	
8	Poverty - (you have to beg, borrow or steal)	
9	Disaster - (bad things happen to you)	

If you have any area where you are losing the battle, you need to take up spiritual armour and fight against it. Remember that you are following a special God. All that He asks is your willingness.

Notes: _____

Are you going to fight back against these attacks on your life?

Yes _____ No _____

If you said YES, then please pray the following:

Dear Lord Jesus. I choose to believe your promises for my life. I now lay down my doubts and fears at your feet and I choose to quench Satan’s burning arrows right now. Amen.

Name _____ **Date** _____

Having made this decision, you are taking a stand against the enemy.
But this is only the beginning.

To be truly effective against Satan’s burning arrows you cannot be passive.
You need to actively stand up and fight for the Kingdom of God. To do this, you must put on the armour of God and take up your spiritual weapons to engage the enemy.

Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm. [Eph 6:13 ESV]

Declaration (Speak this out loud)

Lord Jesus,
I answer Your call.
I give my life to You.
I will fight in your army.
And I will do what it takes to receive Your promises.

Amen

Notes: _____

Declaration (continued)

I now take up my authority as a child of God.

And in the name of Jesus:

I renounce Chaos and I choose Order,
I renounce Turmoil and I choose Peace,
I renounce Discord and I choose Harmony,
I renounce Enmity and I choose Friendship,
I renounce Bondage and I choose Freedom,
I renounce Estrangement and I choose Reconciliation,
I renounce Hopelessness and I choose Faith and Hope,
I renounce Poverty and I choose Prosperity
I renounce Disaster and I choose Blessings in my life!

And in the name of Jesus

I quench the arrows of Worry,
I quench the arrows of Despair,
I quench the arrows of Doubt,
I quench the arrows of Unbelief,
I quench the arrows of Anger,
I quench the arrows of Deception,
I quench the arrows of Confusion,
I quench the arrows of Guilt,
I quench the arrows of Condemnation,
I quench the arrows of Frustration,
I quench the arrows of Grief,
I quench the arrows of Depression,
I quench the arrows of Bitterness, and
I quench the arrows of Disobedience.

Now Pray:

I thank you Lord that you have good plans for my life, to bless me and not to harm me, to give me a great future.
I choose to embrace your promises for my life and not to do anything that would make you change your mind.

Amen

Notes: _____

Work Session 2:

The Ways of the World

1. Name the 5 basic world views and explain what each one says.

1.1.

1.2.

1.3.

1.4.

1.5.

Notes: _____

2. What is your current world view? To determine this, please answer the following six questions.

2.1. Why is there something rather than nothing?

2.2. How do you explain human nature?

2.3. What happens to a person at death?

2.4. How do you determine what is right and wrong?

2.5. How do you know that you know?

2.6. What is the meaning of history?

Notes: _____

3. Which world view(s) best describes your past thinking? Explain.

4. Which 4 religions are the biggest threats to Christianity and why?

4.1.

4.2.

4.3.

4.4.

5. According to the Bible:

5.1 What is the root of all evil? _____

5.2 What is the root sin? _____

5.3 What is the cure for sin? _____

5.4 How does change take place? _____

5.5 What is the goal of change? _____

5.6 What is the end result of this change? _____

Notes: _____

6 What does Jesus command us in the following verses?

6.1. (Mark 11:25-26) _____

6.2. (Matt 5: 34-37) _____

6.3. (Matt 5:38-39) _____

6.4. (Matt 5:40-42) _____

6.5. (Matt 5:43-45) _____

6.6. (Matt 6:19-21) _____

6.7. (Matt 6:25-26) _____

6.8. (Matt 6:33) _____

6.9. (Matt 7:13-14) _____

6.10. (John 14:15) _____

7. How does the World twist this?

7.1. _____

7.2. _____

7.3. _____

7.4. _____

7.5. _____

7.6. _____

7.7. _____

7.8. _____

7.9. _____

7.10. _____

Notes: _____

Work Session 3:

The Babylonian Infestation

✝ Santa Claus: a closer look

1. Santa is depicted as having white hair. Who else is depicted in the Bible in the same way? (Rev 1:14-18) _____
2. Santa is known for welcoming children to sit with him. Who in the Bible is also known for that? (Mat 19:14, Luk 18:16) _____
3. Santa comes to judge between naughty and nice and rewards the nice with gifts. Who does this resemble? ([Mat 16:26; 2Co 5:10])

4. It is said that Santa always laughs “Ho ho ho.” Who in the Bible does this remind you of? (Rev 4:8) _____
5. Santa rides on a sleigh that flies through the air. Who in the Bible rides a similar vehicle? (2Kings 2:11, Ezekiel 1:13, 26-28) _____
6. Santa’s sleigh is pulled by reindeer. Who pulls God’s chariot? (2Kings 2:11; Eze 1:5-6) _____
7. Before Santa arrives, children must call out his name. What does the Bible say who must we call? (Jer 33:3) _____
8. Children are sent out to search for Santa before he arrives. What does the Bible say who we should search for? (Deu 4:29) _____
9. Santa Claus is also known as Father Christmas. What does the Bible say about that? (Mat 23:9)

Notes: _____

-
10. Santa is depicted as wearing a red coat. Who else is depicted in the Bible in the same way? (Mat 27:27-28) _____
11. What does this colour signify? (Isaiah 1:18) _____
12. Symbolically, why was Jesus clothed in red for the crucifixion? (2Cor 5:21)

13. Who else in the Bible are also shown in red? (Rev 17:3-5)

14. What do you think. Why is Santa wearing red?

15. The name *Santa* is an anagram for *Satan*.
Do you think it has any significance? _____
16. What do you believe is God's opinion of Santa?
Harmless fun Mockery of Christ Abomination

✚ “Christian” feasts. Test your heart.

God wants our religious feasts to honour Him.

“It’s useless to bring your offerings. I am disgusted with the smell of the incense you burn. I cannot stand your New Moon Festivals, your Sabbaths, and your religious gatherings; they are all corrupted by your sins”. [Isa 1:13 GNB]

The fact is that the Israelites were exiled because they had mixed pagan rituals with God’s religious feasts.

The LORD says, “I hate your religious festivals; I cannot stand them! Because you have worshiped images of Sakkuth, your king god, and of Kaiwan, your star god, you will have to carry those images when I take you into exile in a land beyond Damascus,” says the LORD, whose name is Almighty God. [Amo 5:21,26-27 GNB]

Notes: _____

1. Do you celebrate the following pagan feasts:
Valentines day _____
Easter and _____
Christmas? _____

 2. If you do, are you really doing it in honour of Christ or in the honour of Bacchus, the god of fertility, food and wine? Or are you simply following the traditions of men? (Mat 7:8, 15:3)

 4. Would you treat these days as days of fasting and prayer instead?

 5. If not, how else would you choose to honour God on these days?

 6. The “spirit of Christmas” promotes peace with everyone, family meals, gift exchange, feeling good, singing Christmas carols and believing in Santa Claus. What does the Bible have to say about this?
John 14:27 _____
Mat 10:34-36, Mat 12:50

Luk 14:12-14, Mat 25:41-45

Eph 5:17-19 Must we sing of baby Jesus or to the Lord Jesus?

Rom 3:22, Acts 4:12 What value is there in believing in Santa?

-

Notes: _____

✝ Idols in the home.

“Do not bring any of these idols into your homes, or the same curse will be on you that is on them. You must hate and despise these idols, because they are under the LORD’s curse.” [Deu 7:26 GNB]

3. How many of the cursed pagan symbols do you bring into your homes as part of your feasts?
 - a. Tammuz, the branch of the tree god, calling it a Christmas tree;
 - b. The baby Tammuz, calling him baby Jesus
 - c. The star of Astarte; given prime position on top of the tree
 - d. The candles of Molech, the god of fire; lighting your way
 - e. The eggs dedicated to the earth-mother, calling them Easter eggs
 - f. The cakes of the queen of heaven, calling them Easter bread?

4.
 - a. Who is the true Branch of God? [Jer 23:5] _____
 - b. Should we think of Jesus as a baby? _____
 Rev 19:11-16 gives us 3 better names for Jesus. What are they?
 _____ , _____

 - c. Who is the true star of heaven? [Rev 22:16] _____
 - d. Who is the true light of the world? [John 12:46] _____
 - e. Who is the true source of life? [John 1:1-5] _____
 - f. Who is the true bread of life? [John 6:48] _____

5. How are you going to change the way that you celebrate these feasts?

Notes: _____

Work Session 4:

Darwin's Folly

✚ What is evolution?

1. What is the General Theory of Evolution (GTE)?

2. What is the modern trend in defining evolution?

3. Why does this not solve the evolutionists' problem?

4. How do evolutionists use equivocation, (baith-and-switch), to confuse ceationists?
 - A. _____
 - B. _____
5. How does this make the creationists look?

6. What do creationists really deny?

Notes: _____

7. Why does natural selection not prove evolution?

+ Strongholds

8. What is a stronghold?

9. What is our mandate regarding spiritual strongholds?

10. What will this achieve?

+ Darwin

11. Where did Darwin study theology?

12. Which good book impressed him while he was studying there?

13. Which book started his backslide from Christianity?

Notes: _____

14. Which author started Darwin's fall from grace?

15. What was the name of his book?

16. Whose theory was it based on and what is this theory called?

17. What does this theory say?

18. What did the apostle Peter call the people who says that "everything continues as is did from the beginning of creation"? [2Pet 3:3-4]

19. What do these uniformitarians deliberately ignore? [2Pet 3:5-6]

20. How many times does Gen 7:17-23 use the words 'all' or 'every' to describe that the flood was worldwide and not just a local flood?

21. By denying the worldwide flood, which two things did Lyell also deny?

22. Which sins caused God to bring the flood of Noah as His judgment? [Gen 6:11-13]

Notes: _____

23. What will the final judgment of God be like? [2Pet 3:10-12]

24. Is it possible to deny the worldwide flood and accept the rest of the Bible? [2Tim 3:16]

25. Can there be death without having sin first?
Gen 2:17 _____ ; Eze 18:4 _____ ; Rom 5:12; _____ Rom 6:23 _____
Jam 1:15 _____ ; 1Cor 15:21 _____
26. In the light of the above, can the fossil record be the record of millions of animals that lived and died before Adam sinned? Explain.

27. Would you describe death as a good thing? _____
28. How does God describe creation? [Gen 1:31] _____
29. Once again. Can the fossil record be the record of millions of animals that lived and died before Adam sinned?

30. If the fossils weren't created before Adam's sin. When were they created?

31. Is there therefore any reason to incorporate "deep time"? Explain.

32. Can Lyell be correct in saying that the earth is immeasurably old?

Notes: _____

33. What crucial mistake did Darwin make?

34. What was the end result of this mistake?
For Darwin: _____
For others: _____

35. What % of people are affected? _____

✚ Evolution: Big Lie #1

36. What is the truth that contradicts the first big lie of evolution?

37. Name 4 historic truths that proves this?

38. What is the only field of biology that requires the theory of evolution?

39. Why can secular science not prove that God doesn't exist?

40. Why do most scientific breakthroughs come from Bible believers?

Notes: _____

40. What does forensic science need to be reliable?

41. Why does it not work when acts of God are considered?

42. In a court room, which evidence outweighs forensic evidence?

43. Why can evolution not prove that God didn't create the universe?

44. In which ways can evolution be described as a religion?

1. _____

2. _____

3. _____

4. _____

5. _____

Evolution: Big Lie #2

45. What is the truth that contradicts the second big lie of evolution?

46. What do evolutionists do with any facts?

Notes: _____

47. What causes evolutionists and creationists to interpret facts differently?

48. Would it stop the pro-evolutionist arguments if someone would present undisputable evidence that proves creation? Explain.

✚ Evolution: Big Lie #3

49. What is the truth that contradicts the third big lie of evolution?

50. Which 2 types of scientific proofs are substantiating the Bible?

51. Why do many people believe in evolution

52. What is the main redeeming factor of evolution?

53. What is it good for?

54. Give some examples.

Notes: _____

55. What will happen if you compromises with the world?

56. What does the following verses prove?

[Rom 5:12; Jas 1:15]

[Mar 10:6]

[Luk 17:27]

[Exo 20:11]

[Joh 5:46-47]

57. If you reject a literal creation of six days, what else are you rejecting?

58. What can happen if you walk in the footsteps of Darwin?

Notes: _____

Session 5:

The Holy Spirit

✝ Eternal Life

1. What is required before you can see the Kingdom of God? [Joh 3:3]

2. What is required before you can enter the Kingdom of God? [Joh 3:5]

3. With what does John compare the birth from above? [Joh 3:7-8]

4. What will happen to those who drink the water that Jesus gives?

5. Who or what does this water speak of?

6. Which two things needed to happen before this would become possible?

✝ A Personal Helper

7. What are the alternative names for Helper in this context?

Notes: _____

8. Who and what do these names describe?

9. What is the function and purpose of the Helper?

10. What is the essence of Jesus' prayer for His disciples?

11. How did Jesus fulfil His promise of giving them a Helper? [Joh 20:21-22]

12. Which 7 things did Jesus accomplish by doing this?

[Eze 11:19-20]

[Eze 36:26-27]

13. What did the disciples become because of this? [1Cor 3:16]

14. Therefore, who do they belong to?

Notes: _____

+ **The Covenant Seal**

- 15. What are the marks or signs of the following covenant relationships?
Between marriage partners _____
Between God and Abraham _____
Between God and Israel _____
Between God's and New Testament believers _____
- 16. What defines a true child of God?

- 17. What does it mean to have the belt of Truth?

+ **The benefits of this Seal**

- 18. List 7 benefits of having God's seal and shortly explain each of them.
 - a. _____

 - b. _____

 - c. _____

 - d. _____

 - e. _____

Notes: _____

f. _____

g. _____

✝ Respect the Holy Spirit

19. Which 3 things must we never do to the Holy Spirit?

Do not _____

Do not _____

Do not _____

20. Why can the Holy Spirit not tolerate sin?

20. What is His functions regarding sin?

[Joh 16:8] _____

[Rom 8:26] _____

21. What is your responsibility in response to Him?

[1Joh 1:19] _____

[Rom 8:13] _____

[Mat 6:14] _____

22. If you have received the Holy Spirit into your life, then you are born again. You can now use the following verse to bless yourself and others.

[2Cor 13:14] _____

Notes: _____

Work Session 6:

The Bible

✝ The Bible

1. Why can the word of God only be discerned spiritually?

2. What is the first priority of the Holy Spirit?

3. What do you gain by getting to know the Bible?

4. Name the ways and places where Jesus can be found.

5. What is meant with Alpha and Omega? [2Tim 3:16]

✝ Godly inspiration

6. Who originated the Bible? How?

Notes: _____

7. Why can the Bible not contradict itself?

8. Suppose you find something in the Bible that seems to contradict itself, where will you first look for answers?

9. When will we finally be able to fully understand the Bible?

+ The layout of the Bible

10. How long did it take to write the Bible?

11. How many authors does the Bible have?

12. Which pattern is followed in the layout of the Bible?

13. Explain the basic types of rhyme used in the Bible.

14. What are types and shadows?

Notes: _____

15. Which purposes do they serve?

16. What does the number 40 in the Bible represent?

17. What are the meanings of fire and leaven respectively?

18. Who is the Lion of Judah?

✝ Right Division

19. What is the “right division” principle?

20. How will each Bible dispensation end?

Notes: _____

21. Were the Gospels written as instruction for Christian living? _____

22. How should we apply them to our lives?

23. Name and explain 5 more principles of understanding the Bible.

a. _____

b. _____

c. _____

d. _____

e. _____

24. What is our purpose in studying the Bible?

25. Why are there so many names for Jesus?

26. What will happen in us as we study the Bible?

Notes: _____

Work Session 7: Curses and Cures

Curses normally affect the following areas. Use the table below to identify the possibility of curses in your life. Mark the blocks in the right-hand column if any of the statements seem true to you.

Area	Symptoms	√
S piritual	<ul style="list-style-type: none"> • You are unable to hear God's voice, • You manifest works of the flesh. (Gal 15:19-21) 	
E motiona L	<ul style="list-style-type: none"> • You experience fear, anger, depression or despair • You experience obsessions and/or compulsions • You have no hope for the future 	
M ental	<ul style="list-style-type: none"> • You have difficulty concentrating (eg. brain fog) • You experience uncertainty or confusion 	
P hysical	<ul style="list-style-type: none"> • You are constantly sick or in pain • You cannot have children (non-medical reason) 	
F inancial	<ul style="list-style-type: none"> • Your expenses are bigger than your income • You have loss in income / many unplanned expenses 	
M aterial	<ul style="list-style-type: none"> • You often suffer damages to property or loss of property 	
P rofessional	<ul style="list-style-type: none"> • Your career (studies/job) is failing • You have no job satisfaction or are frustrated • You have been fired or retrenched 	
S exual	<ul style="list-style-type: none"> • You have sexual addictions / obsessions, (pornography) • You indulge in incest, adultery, fornication, prostitution • You were molested or raped 	
R elational	<ul style="list-style-type: none"> • You experience instability in relationships (conflicts) • Your relationships suffer from conflicts and break-ups 	

Notes: _____

† Your Curse Profile

The table on the previous page should have provided you with a clear indication of whether you might have any curses on your life and/or if you have any demonic activities in your life.

† Before we can deal with these different problem areas, we first have to deal with their causes.

By associating with people that displease God, you are often also affected. This might even lead to strongholds in your own life. The following list shows some ways how this may happen.

- Staying in a house that contains occultic objects.
- Having friends or family members that dabbled in the occult.
- Vows/oaths/curses spoken over self/children.
- Group pressure to conform.
- Mimicking words or behaviours.
- Soul Ties (especially from sex out of wedlock).
- Attitude and Lifestyle (eg. bitterness).
- Inherited curses through sins committed by your ancestors.

† We have to face the truth about the reasons for troubles in our lives before we can begin to address it.

The table on the next page lists the most common reasons for having curses and/or demonic workings in our lives. Take the time to identify the sources of your troubles. Prayerfully complete the checklist. Tick the appropriate block **if you or any of your family or friends are or were involved** with any of items on the list.

Don't make this an intellectual exercise! This exercise is not about the letter of the law, but about obedience to the Holy Spirit.

If you are uncertain about any item, please refer to the definitions given in Appendix A at the end of this Workbook.

Notes: _____

Listen to the Holy Spirit and respond only to His prompting in your heart. If any of these words don't mean anything to you and does not cause an acknowledgement in your spirit, simply ignore it.

Please pray this prayer and then complete the form below.

“Dear heavenly Father, You have told us to put on the Lord Jesus Christ and make no provision for the flesh in regard to its lusts. I now ask You to reveal to my mind the ways that I have transgressed Your moral law and grieved your Holy Spirit. Amen”

Read through the keywords. Pray and allow the Holy Spirit to highlight whatever is important for you. Take your time. Don't rush it!

CHECKLIST	Self	Friend	Father	Mother	Ancestor
1. False Monotheism					
2. Pantheism					
3. Polytheism & Spiritism					
4. Abominable objects					
5. Superstitions					
6. Naturalism					
7. Idolatry					
8. Social sin					
9. Sexual sin					
10. Trauma					

(Refer to Appendix A for detailed descriptions.)

Notes: _____

✝ You may use this page to provide more details.

- 1. False Monotheism _____

- 2. Pantheism _____

- 3. Polytheism & Spiritism _____

- 4. Abominable objects _____

- 5. Superstitions _____

- 6. Naturalism _____

- 7. Idolatry _____

- 8. Social sins _____

- 9. Sexual sins _____

- 10. Trauma _____

Notes: _____

Work Session 8: Sanctification

† Let God cleanse your heart

† 1. Always start by worshiping God

Sanctification is not a once-off event, but a daily process of allowing God to remove the obstacles in your heart that block you from His presence.

Pray the following prayer:

Dear Father God,

You are blessed, Lord our God, King of the universe!

O God, you are our Father, our King, our Creator, our Redeemer!

You are the Holy One, the Firstborn, risen from the dead!

You are a gracious and merciful God and King!

You are the good Shepherd, the King who does good to all!

You continuously shower us with favours!

You cover us with kindness and mercy, relief and deliverance,
prosperity and blessing, life and peace and all goodness!

Be mindful of us for blessing, save us to enjoy life, spare us and be gracious to us!

With a promise of salvation and mercy, may you never deprive us of any good thing!

Amen

Notes: _____

† 2. Forgive those who have sinned against you.

Use the following prayer to guide you. (Be specific.)

Dear Father God,

I now forgive anyone and everyone who ever did anything that, knowingly or unknowingly, cause me or my loved ones harm or grief in any way.

I now lay down all grudges I was harbouring in my heart and I choose to bless those people instead.

I realize that by forgiving those persons I do not condone their sins, but I choose not to let their sins influence my heart negatively. nor detract from the way in which I share your love with anyone.

I thank you that I can forgive their sins with the same grace THROUGH WHICH you forgave mine. I choose to let go of all bitterness in my heart and ask you, Lord, to fill me with righteousness, peace and joy.

Amen

† 3. Repent of your sins and the sins of your forefathers

Take a look at the following prayer of Nehemiah as an example of how you should pray. Note that Nehemiah showed real repentance and prayed day and night for the sins of his people. Don't take this lightly.

"When I heard all this, I sat down and wept. For several days I mourned and did not eat. I prayed to God, LORD God of Heaven! You are great, and we stand in fear of you. You faithfully keep your covenant with those who love you and do what you command. Look at me, LORD, and hear my prayer, as I pray day and night for your servants, the people of Israel. I confess that we, the people of Israel, have sinned. My ancestors and I have sinned. We have acted wickedly against you and have not done what you commanded. We have not kept the laws which you gave us through Moses, your servant." [Neh 1:4-7]

Notes: _____

Now refer back to your check-list from session 7 and use it. As the Holy Spirit leads you, confess your sins and the sins of your forefathers, your family members and your friends. (It is obviously impossible to know and confess every possible sin. It is also not necessary. But if and when God reveals specific sins to you, you have to deal with them.)

Use the following prayer to guide you.

Dear Father God,

I confess to You that my ancestors and I tried to obtain salvation by self-effort; that we became legalistic and thereby placed ourselves under the jurisdiction of the law of sin and death. giving the enemy opportunity to wage war in our members.

I confess that we allowed the sins of unbelief in our hearts and became anxious, fearful and stressful.

I confess that we lost hope and fell into despair and depression.

I confess that we allowed grief to strike our spirits with iniquity

I confess Lord that we have harboured bitterness and resentment towards you and others, allowing it to grow into anger, hatred, unforgiveness and vengeance.

I confess that we opened up for spirits of seduction and deception and reached out to idols for guidance. security and comfort.

I confess that we have given in to fleshly lusts which wage war against our souls.

I confess that we have sinned against You, before You and before others.

I pray, precious Holy Spirit, that You would search our hearts and souls for any areas of unrighteousness and bring it to the light. Lord, please send your light into our hearts and minds to drive out all darkness within.

I come before Your presence to acknowledge these sins.

Amen

Notes: _____

† 3. Destroy all ungodly objects in your possession.

The best way to do this is to burn these objects in public.

Many of the believers came, publicly admitting and revealing what they had done. Any of those who had practised magic brought their books together and burned them in public. They added up the price of the books, and the total came to fifty thousand silver coins. [Act 19: 18- 19]

Make a list of all the objects that you must get rid of or destroy.

Now take a stand by making the following declaration.

In Jesus name, I now stand against all demons and evil spirits that are associated with these ungodly objects in my life. I break your holds upon my mind that are keeping me from seeing the truth!

In Jesus name I forbid you to manifest or in any way resist the burning of these objects!

Pray the following prayer as you destroy those objects.

Dear Father God,

I ask you now to reveal to me now if I any cursed objects in my possession or in my house. I commit myself now to getting rid of these ungodly and unholy objects in a manner that they will never again allow them to cause any harm to anyone ever again.

Amen

Notes: _____

✝ 4. Ask the Lord for forgiveness.

Use the following scriptures to remind yourself of God's promises.

"You will never succeed in life if you try to hide your sins. Confess them and give them up: then God will show mercy to you." [Pro 28: 13]

"Whenever I hold back the rain or send locusts to eat up the crops or send an epidemic on my people, if they pray to me and repent and turn away from the evil they have been doing, then I will hear them in heaven, forgive their sins, and make their land prosperous again." [2Ch 7: 13- 14]

"Those of you who are left will waste away in the lands of their enemies because of their sins; also because of their fathers' sin they will waste away. But if they will confess their sins and the sins of their fathers - their treachery against me and their hostility toward me, which made me hostile toward them so that I sent them into the land of their enemies - then when their uncircumcised hearts are humbled and they pray for their sin, I will remember my covenant with Jacob and my covenant with Isaac and my covenant with Abraham, and I will remember the land." [Lev 26:39-42]

Use the following prayer to guide you. (Use your check-list)

Dear Father God,

I come to You to be cleansed through the blood of Jesus that I may be set free from the bondage of sin.

I ask You to forgive me and my people for our sins and to cleanse our hearts with the precious blood of our Lord and Saviour, Jesus Christ.

I ask this not because we deserve it, but because of the completed work on the cross where Jesus died on our behalf.

Amen

Notes: _____

✝ 5. Accept God's forgiveness.

Forgiveness is not something that we hope to get. It is a promise from God.

"If we confess our sins to God, he will keep his promise and do what is right: he will forgive us our sins and purify us from all our wrongdoing." [1John 1:9]

Pray this prayer of repentance.

Dear Father God,

I accept your forgiveness and cleansing through the precious blood of our Lord Jesus Christ.

I thank you Lord for forgiving us. Thank you that in Christ our sins are forgiven.

Thank You Lord.

Amen

Now make the following declarations.

I declare that I am cleansed by the blood of Jesus and that I am now declared righteous in Him.

I declare that I am crucified with Christ and that I have died to sin.

I declare that Christ now lives in me with His resurrection power.

I declare that I am the righteousness of God.

I declare that I am seated in heavenly places in Christ Jesus.

I declare that I am a child of the Most High.

I declare that I have not received a spirit of fear but of love and power and a sound mind.

I declare that I have the mind of Christ.

Notes: _____

† 6. Reject the works of the flesh.

You need to denounce, renounce and reject all the works of the flesh.

To denounce is to condemn openly as being wrong or reprehensible.

To renounce is to give up or relinquish.

To reject is to decline a request or demand, or to withhold permission.

The wrong things the sinful self does are clear: committing sexual sin, being morally bad, doing all kinds of shameful things, worshiping false gods, taking part in witchcraft, hating people, causing trouble, being jealous, angry or selfish, causing people to argue and divide into separate groups, being filled with envy, getting drunk, having wild parties, and doing other things like this. I warn you now as I warned you before: The people who do these things will not have a part in God's kingdom. [Gal 5:19-21 ERV]

Refusing to obey is as bad as the sin of sorcery. Being stubborn and doing what you want is like the sin of worshiping idols. " [1Sa 15:23 ERV]

Make the following declarations.

Dear Father God,

I come to You as Your Child, purchased by the blood of the Lord Jesus Christ.

I here and now denounce all the works of the flesh and I renounce and reject all uses of my body as an instrument of unrighteousness.

In the name of Jesus I renounce and reject even the very thoughts of: sexual sin, perversion, shameful behaviour, immorality, rebellion, deceit, stubbornness, false securities, idol worship, consulting other gods, rebellion, sorcery, witchcraft, jealousy, resentment, anger, selfishness, apathy, dissension, unruly behaviour and drunkenness.

Amen

Notes: _____

† 7. Embrace the fruit of the Spirit

Note that there is only one fruit, but that it has nine different manifestations.

But the fruit that the Spirit produces in a person's life is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. [Gal 5:22-23 ERV]

God freely gives us the fruit of His Spirit, but we need to receive it and embrace it as our own.

Use the following prayer to guide you.

Dear Father God,

I come to You as Your Child, purchased by the blood of the Lord Jesus Christ.

Thank Lord you for freely giving me your spiritual fruit through your Holy Spirit. Thank you for giving me your love, your joy, your peace, your patience, your kindness, your goodness, your faithfulness, your gentleness, and your self-control.

I now accept your fruit in my life and I embrace it as my inheritance in Christ.

I pray Lord, that you will convict me every time that I would try to produce any of the manifestations of your fruit through my own self-effort. I realise that any self-effort to produce your fruit will result in the works of the flesh.

I now choose not to grieve your Spirit nor to quench your Spirit.

Hold me in the true and narrow.

In Jesus Name

Amen

Notes: _____

Work Session 9:

Deceiving Spirits

† 1. Commit yourself to the truth.

No-one is as ignorant as the person who doesn't want to learn. If you want to know the truth, you must first be teachable.

To do this, start by committing yourself to the truth.

Examine me, O God, and know my mind; test me, and discover my thoughts. Find out if there is any evil in me and guide me in the everlasting way. [Psa 139:23-24]

You can use the following prayer to guide you.

Dear heavenly Father,

I commit myself unreservedly to your will. If I have been deceived in any way, I pray that You would open my eyes to the deception. I renounce and reject all counterfeit gifts and manifestations. Lord, if it is from you then bless it and cause it to grow, that your body may be blessed and edified through it.

I ask You to reveal to me all the occultic practices, false religions, and false teachers with which I have knowingly or unknowingly been involved.

I now ask the Holy Spirit to guide me into all truth.

In Jesus' name I pray this.

Amen

Notes: _____

† 2. Shine God's light on deception by asking Him to reveal the Truth to you.

Are you maybe lying to yourself?

Are you always really truthful with yourself? When the Spirit of Truth comes, he will guide you into the full truth. [Joh 16:13 GW]

Have you ever used any of the following ways to avoid the truth and to justify your deeds?

	Are you guilty of any of the following?	Yes/ No
1	Denial - lying to yourself and others.	
2	Rationalization - using intellectual excuses.	
3	Projecting - blaming others for your mistakes.	
4	Fantasy - creating a world where you don't have to be accountable to God.	
5	Self-defense - defending ourselves instead of trusting in Christ to protect us.	
6	Do you listen to the word, but don't do it? [James 1:22]	
7	Do you say that you have no sin? [1Joh 1:8]	
8	Do you think you are better than other people? [Gal 6:3]	
9	Do you consider yourself wise in the ways of the world? [1Cor 3:18]	
10	Do you expect to reap what you didn't plant? [Gal 6:7]	
11	Are you maybe one of the following people? [1Cor 6:9-10]	
12	Do you keep evil companionship? [1Co 15:33]	

Notes: _____

Indicate any of the following lies that have deceived you regarding the blood of Jesus and the work of the Holy Spirit.

	Biblical truth	Deception	Truth	Yes/No
1	The blood of Jesus cleanses us. [1 John 1:7]	It leaves the man sinless.	It cleanses moment by moment.	
2	It is not you who speak. [Mat 10:20]	The man must not speak nor use his jaws, but be passive.	The source is not from the believer, but you must do the speaking.	
3	Ask and you shall receive. [John 16:24]	Ask anything, and you will receive.	Ask according to God's Will and you will receive.	
4	It is God who works in you to will and to do. [Phil 2:13]	God wills instead of you and God works instead of you.	You must "will" and you must act.	
5	You do not need anyone to teach you. [1John 2:27]	I must not take teaching from any man, but "direct" from God.	You do not need any man to teach you, but you need Spirit-taught teachers given of God.	
6	He will guide you into all truth. [John 16:13]	He has guided me into all truth.	The Spirit of God will guide, but I must see how and when.	
7	A people for His own possession. [Psalm 114:2]	"Possessed" by God indwelling - moving and controlling me.	God's ownership. (The fruit of the Spirit is self-control).	
8	Useful to the Master. [2Tim 2:21]	"Used" by God as a passive tool, requiring blind submission.	God, in the man's spirit, using the mind, in the sense of giving light for the believer's intelligent co-operation.	

Notes: _____

✝ 3. Confession and Declaration

You must revoke the consent that you knowingly or unknowingly gave to deceiving spirits. Use the following prayer to guide you. Be specific

Dear heavenly Father,

I acknowledge that I have been deceived by the father of lies and that I have deceived myself. I pray your forgiveness and I ask you to lead me into all truth.

In the Name of Jesus

I refuse the influence of evil spirits!

I refuse the power of evil spirits!

I refuse to be led by evil spirits!

I refuse to be guided by evil spirits!

I refuse to obey evil spirits!

I refuse to pray to evil spirits!

I refuse to ask anything of evil spirits!

I refuse to surrender to evil spirits!

I refuse to listen to evil spirits!

I refuse visions of evil spirits!

I refuse the touch of evil spirits!

I refuse messages from evil spirits!

I refuse all help from evil spirits!

I take up the whole armour of God!

I put off the body of the flesh and I put on the Lord Jesus Christ!

I present my members unto God and I make no provision for the flesh!

I put away the old man of sin and I put on the new man of life in Christ!

I cast off the works of darkness and I put on the armour of light!

Amen

Notes: _____

Work Session 10:

Pentecost

✝ 1. Acknowledge the Almighty God (Father, Son and Holy Spirit) as the highest authority in your life.

All sins start with giving yourself, someone else or something else more honour than God. In order for us to be restored in your own lives, we first need to restore Him in His rightful place in our hearts and in our lives.

You may use the following prayer to do this.

Merciful Heavenly Father, Gracious Lord Jesus, Precious Holy Spirit

There is no-one like you! You are the only all-knowing, all-powerful and ever-present God. We exalt you, we honour you and we praise you!

We acknowledge your presence and your authority in our lives. We renounce anyone else as our prime authority besides you. We retract any authority that we gave anyone else, whether by action or inaction. We declare you as number one on our lives and we submit ourselves unreservedly to your authority.

You are our Saviour, our King, our Lord and our God!

We humbly request that you restore us as your servants. We are totally dependent upon you, for without You we are nothing.

Glory to your name.

Amen

Notes: _____

✝ 2. Deal with your stubborn pride

Pride will lead to your downfall.

Pride leads to destruction, and arrogance to downfall. [Pro 16:18 GNB]

Pride leads to rebellion, because it refuses to submit. Rebellion will turn God against you and make Him your enemy.

For rebellion is as the sin of witchcraft, and stubbornness is as iniquity and idolatry. [1Sa 15:23 Webster]

Use your checklist from chapter 7 and pray the following.

Dear Father God,

We know that in action and attitude my ancestors, my loved ones, my family members and my friends and I have sinned against You with rebellious and prideful hearts. I ask Your forgiveness for our rebellion and pray that by the shed blood of the Lord Jesus Christ all ground gained by evil spirits because of our rebelliousness would be cancelled.

In Jesus name I cancel all ground that evil spirits have gained through our willful involvement in sin.

I pray that You will shed light on all our ways that I may know the full extent of our rebelliousness.

I choose to adopt a submissive spirit and a servant's heart.

In the name of Jesus Christ my Lord and Saviour.

Amen

Notes: _____

† 3. Deal with wrongful soul-ties in your life.

The term ‘soul tie’ is a popular term for the emotional bonds that exist between people as the result of close relationships with each other.

A man with many friends can still be ruined, but a true friend sticks closer than a brother. [Pro 18:24 ISV]

The strongest soul ties are formed through sexual relationships.

Therefore shall a man leave his father and his mother, and shall cleave to his wife and they shall be one flesh. [Gen 2:24 MKJV]

Soul ties can also form in sinful relationships.

Don't you realize that the person who unites himself with a prostitute becomes one body with her? God says, "The two will be one." [1Co 6:16 GW]

The term soul ties can also be used for fixations that may form through imaginary relationships. (Stalking, pornography etc.)

Take some time and with the use of your checklist from chapter 7 prayerfully consider which relationships, whether real or imaginary, are having an unholy influence on your life and should be broken.

Use the following prayer as an example. (Be specific.)

Dear Father God,

I ask you to bring to my mind any spiritual or soul fixations and ties that I have formed that are unbecoming of a Christian and are holding me back in my spiritual growth and my relationship with you.

I confess each of these unholy relationships as sin.

I thank You Lord for forgiving me.

Amen

Notes: _____

Use the following example and take up the sword of the Spirit to cut off all the wrongful soul-ties in your life. (Name each of them, be specific.)

I now take up the the sword of the Spirit in the authority that I have in Jesus Christ through His death and resurrection.

In the name of Jesus Christ and on the grounds of His spilled blood, I now cut off all these unholy fixations and soul ties. In Jesus name I break the holds that these people have on my life and I render these soul ties null and void.

In Jesus name I send the word of God into my soul to uproot every tentacle of emotional longing and enslaving thought in me .

Thank You Jesus

Now pray the following prayer.

Dear Father God,

I confess Lord that I have damaged my emotions through these unwholesome relationships. I also acknowledge Lord that cutting these soul ties have left me vulnerable and lonely.

I pray Lord that you would forgive me and heal my emotions. Grant me the emotional strength and ability to cultivate fresh relationships.

Lord, I pray that you will replace all my unholy relationships with wholesome relationships.

In Jesus name

Amen

Notes: _____

4. Deal with bloodline curses.

Curses resulting from idol worship can carry over through generations.

Don't worship or serve idols of any kind, because I am the LORD your God. I hate for my people to worship other gods. People who sin against me become my enemies. And I will punish them, and their children, their grandchildren, and even their great-grandchildren. [Deu 5:9 ERV]

Take up your authority in Christ and break these curses. You can use the following declaration to do this.

I declare that I am born again. I have been delivered from the power of darkness and translated into the kingdom of God's dear Son.

I therefore belong to the family of Christ and nothing passed along my physical family bloodline has any right in my life or any authority over me.

Furthermore I declare that the sins committed by myself, my ancestors, my loved ones, my family and my friends are forgiven and are covered by the blood of Jesus.

In the name of Jesus I now cancel out all demonic authority that has been passed onto me, my loved ones, my family members and my friends.

In Jesus name I break all the curses that have been released upon me and my bloodline, I nullify them and I render them powerless.

✝ 5. Deal with the familiar spirits in your life.

Familiar spirits are opportunistic spirits who are passed along through soul ties and bloodline curses, often through many generations.

These spirits know you intimately and has ingrained themselves into your life to such an extent that you will believe their behaviour to be part of your own personality.

Notes: _____

Familiar spirits are kept in place either through soul ties, through bloodline curses or through sins that are passed on from person to person.

Now that you have properly dealt with the grounds, you can call the familiar spirits out of hiding and expel them in the name of Jesus.

1. According to the Strong's concordance the Biblical word "*daimonimozai*" does not mean 'possessed by a demon', it means to be 'possessed with a demon'. That is the same as saying a person has a demon or possesses a demon.

2. '*Daimonimozai*' also means 'to be vexed by a demon', that is, to harass, to disturb, to bother, to annoy or to confuse. Demons cannot control humans!

3. Demons and evil spirits are subject to God. They need legal ground before they can harass anyone. They get this legal ground through sin, through curses with proper causes and through cursed bloodlines.

4. Demons and evil spirits who have gained such authority can seduce, deceive, afflict, inflict, oppress and inhabit people mentally, emotionally and physically. This way they can cause a wide variety of emotional, mental and physical ailments.

5. Christians are not immune to demons and evil spirits simply because they are born again. They are commanded to walk in the Spirit, to resist the devil and to wear the spiritual armour of God. Failure to do so will give the enemy legal grounds in their lives.

6. Deliverance from evil spirits is the right of every believer, but with it comes the responsibility to repent of their sins, to confess them and to keep on living holy lives.

7. Unbelievers don't have this right. They must first come to Jesus before they can be delivered, because there is no other name by which they can be saved.

✝ 8. Renounce the evil spirits themselves.

You are now going to address the enemy in the authority that you have in Christ. You might experience resistance to this and manifestations might occur. If they do, just forbid the enemy to manifest in the name of Jesus.

Notes: _____

Use the following words as example:

In the authority and Name of the Lord Jesus Christ, I now stand against the principalities, the powers, the world-rulers of this darkness and the spiritual hosts of wickedness in the heavenly places. In Jesus name I now address:

all spirits of idolatry, soothsaying, necromancy, witchcraft and sorcery
all spirits of vanity, arrogance, stubbornness, disrespect and rebellion
all spirits of self-gratification, selfishness, carnality and gluttony
all spirits of self-rejection, unbelief, anxiety, hopelessness and fearfulness
all spirits of rejection, bitterness, anger and depression
all spirits of resentment, grudges, revenge, vengeance and violence
all spirits of gossip, division, conflict, factions, hatred and warmongering
all spirits of recklessness, carelessness, apathy and indifference
all spirits of poverty, materialism, stinginess, envy, greed and gambling
all spirits of racism, injustice, oppression and exploitation
all spirits of lust, seduction, prostitution, polygamy and adultery
all spirits of pornography, exhibitionism, voyeurism and masturbation
all spirits of fornication, debauchery, orgies, lechery and lewdness
all spirits of incest, abuse, molestation, rape, LGBTQ and BDSM
all spirits of ranting, cursing, swearing and foul language
all spirits of frustration, bondage, addiction, drunkenness and revelry
all spirits of laziness and procrastination
all spirits of confusion, deception, corruption and theft
all spirits of religion, atheism, naturalism, philosophy and intellectualism
all spirits of grief, sickness, infirmity, cancer and death
all foul, impure, immoral, perverse, sick and twisted spirits
all doorway spirits, familiar spirits and ancestral spirits
and all deaf and dumb spirits, unholy spirits and evil spirits

Continue on next page

Notes: *LGBTQ = lesbian, gay, bisexual, transsexual and queer.

*BDSM = bondage, discipline, sadism and masochism.

I renounce you, your works, your thoughts, your imaginations, your emotions, your feelings and your suggestions.

I declare you unwelcome in my life. I hate you, everything you stand for and everything that you do!

In the name of Jesus I take authority over every one of you.

I declare that you are under my feet!

I cut you loose from me in the name of Jesus Christ my Saviour.

I command every one of you in the Name of the Lord Jesus Christ to forsake me, to leave my presence right now and never to return!

✝ 9. Pray to be filled with the Holy Spirit and power

Dear Father God

I pray that you would not lead me into temptation. Hold me safely in Your loving arms and protect me against the enemy. I pray Lord, that you will grant me the glory of your Presence. Please fill me with your Holy Spirit and with power according to your promise.

I pray that you would provide me with more of your gifts to equip me for every good work. I now submit my body as an instrument of righteousness and a living sacrifice, that I may glorify You in my body. Grant me boldness o Lord, to do your will and to preach your word boldly.

For this purpose Lord, I pray that you would grant me words of wisdom, words of knowledge, supernatural faith, gifts of healing, wonders, miracles, prophecy, the ability to distinguish spirits, the ability to speak in tongues and the ability to interpret tongues.

I pray this in Jesus name.

Amen

Notes: _____

Work Session 11: The Fatherheart of God

† God our Father

1. Describe the relationship that exists between Jesus and Father God.

2. What special right do we get when we receive Jesus?

3. Which privileges do we get as a result of this right?

4. What is the biggest blessing we get as children of God?

† Gracious and Kind

5. What is the only way to Father God?

6. What did it cost Jesus pay to open the way for us to Father God?

Notes: _____

7. Why did Jesus go to such extreme lengths to open the way for us to His Father?

8. What is the most important thing we should know about Father God?

9. What did it cost Father God to make His blessings available to us?

10. How long will Father God's love last?

11. How would you describe Father God's character? [Psa 86:15]

12. How can we release a love response from Him?

13. How did David express his experience of God's Presence?

✝ Father God enjoys you

14. How does Father God feel about you personally?

Notes: _____

15. How much does Father God value you?

16. How does David describe the way in which he was created?

17. Where does all good gifts come from?

18. When did Father God start to plan your life?

19. What are His plans for you?

20. How long will God stay faithful to you?

✝ He cares for the needy.

21. What is Father God's special name regarding widows and orphans?

22. How does Father God want us to treat widows and orphans?

23. How does Father God treat those who suffer?

Notes: _____

24. How does Father God feel about those who suffer?

25. How does Father God want us to treat those who suffer?

How does Father God feel about those who suffer?

✝ He cares for the lost.

26. What is Father God's desire for those who are lost?

27. What is Father God's attitude towards those who turn to Him?

28. What is His plans for your sins?

29. How will He act when you return to Him?

30. Who can separate you from Father's love?

31. How long will His love for you last?

32. Why is God calling you?

33. What should your reaction be to His call?

Notes: _____

Work Session 12:

The Desert

† The Desert

1. What must first happen before you will go into the desert?

2. What will you be doing in the desert?

3. More than a million Israelites entered the desert to be tested.
How many of them entered the land of promise? [Num 26:65]

4. What happened to the Israelites who failed the test? [Num 32:13]

5. Why was this example given to us? [1Co 10:5-6]

† The Door

6. Who were the only people allowed into the tabernacle?

7. What is required before you can enter the desert?

Notes: _____

8. What does the washing of symbolise?

Hands _____

Feet: _____

9. What does the water speak of?

10. What does the water symbolise?

Walk in the Spirit

11. What must you learn in the desert?

12. What is the purpose of the desert?

13. What did your prosperity depend on before the desert?

14. What will your prosperity depend on in future?

15. What are God's promises if you obey? [Deu 8:7-8]

Notes: _____

+ **Don't be a coward. Stop worrying!**

16. In Rev 21:8, John groups fearful and unbelieving people with several other types of people. Name them.

17. What will happen to them?

18. Why should you not worry? [Mat 6:26; Mat 6:31-32]

19. Instead of worrying, what should you do? Mat [6:33]

+ **Believe!**

20. What happened to the Israelites because of unbelief?

21. How was Moses different?

22. How was his face rewarded when the enemy attacked?

23. What can we look forward to if we remain faithful?

Notes: _____

† God is our Provider

24. Which two things does God provide? [Mat 5:45]

25. What do each of them mean practically?

26. What is the end result of those two things? [Jer 17:8]

27. What must you do for God to fulfil your desires?

† The 3 desert tests

28. Which 3 sins will tempt you in the desert? [1Jn 2:16 WEB]

29. Define each of these sins shortly.

a. _____

b. _____

c. _____

Notes: _____

Appendix A: Definitions

✚ 1. False Monotheism

Christian Sects

Mormonism, Jehova's witness, Catholicism, Rosecrusianism, Free Masons, New Age, Christian Science, Scientology, Sabbatarian, The way, The walk, Armstrongism, Old/New Apostles, Unitarians, Unification Church (Moonies), Deliverance theology, Racial superiority (white Israel), Church of Christ, Children of God, Zionist ChristianChurch, Liberation Theology

Judaism

Orthodox Judaism, Conservative Judaism, Reform Judaism, legalistic Messianic Judaism

Islam

Sunni, Shia, Kharijite (eg. Ibadi)

✚ 2. Polytheism and Spiritism

Eastern Religions

Bahaim, Shintoism, Taoism, Confusianism, Rosecrusianism, Hinduism, Islam , Allah-Allah, Black Moslem, Divine Light Mission, Father Divine, Silva Mind Control, Echkanar, Roy Masters, Science of the Mind, Science of creative intelligence,

African religions

Sangoma/witch doctor, Witchcraft, Muti, Threats to put a spell on you, Curses, Forefather spirits, Inherited spirits, Consulting dolosh, Tokoloshi.

Occult practices

Ouija bord, Levitation (float in air), Palm reading, Reflexiology, Aromatherapy, Dianetics, Acupuncture, Homeopathy, Astrology, Healing sounds, Blood covenants, cutting self, Incubi/Succubi (Sex with demons), Trying to swop minds, Crystal ball, Magic eight ball, Reading tea leaves, Second sight, Necromancy, Vampirism, Lycanthropy (werewolves), Demonology, Alchemy, Iridiology, Table that knocks, Glassy-glassy, Fortune teller , Pop Music, Underground music, Drugs, Hashish, Nicotine, Alcohol, Narcotics, Burning incense, Gambling, Lopsang Rampa, Pre-cognisance(Feeling things that will happen), Telekinesis, Auras, Colour analyses, Colour Therapy, Personality analysis, Psychological diagnosis, Magnetic hands, Walking on fire/coals, Letters of protection, Reincarnation, Psychedelic music, Occult films, New Era films, Occult Science fiction films, Supernatural heroes, Violent films (Thrillers), Playing occult computer games, Christmas tree, Father Christmas, Halloween, Valentines day, Guy Fawkes, Easter eggs and bunnies. Compulsive behaviour.

4. Abominable objects

The possession of any object that was made and/or used either for calling up the dead, witchcraft, committing sins, worshipping idols and/or seducing, deceiving or scaring people. This may include drugs; all forms of pornograpy, (magazines, websites, videos, provocative or revealing clothing, sex toys etc.). Literature on occult practices (psychic abilities, satanism, astrology, hypnosis, witchcraft, reincarnation, witchcraft etc.). Literature about New Age, Eastern or African religions. Statues and art relating to cults, sects, the occult and other ungodly religions (eg. Buddha, various masks, pyramids, swastikas and the Egyptian ankh). Collections of unclean creatures such as frogs and owls; evil and/or violent looking toys, images, games, videos and clothing. Role-playing occult games.

5. Superstitions

Friday the 13th, April Fool's day, Number 13, Blue Monday, Catching the bride's garter, Putting wedding cake under pillow ,Rolling bread in salt, throwing salt over shoulder, lucky number, Open bible under pillow, dropping the bible, calling out names in the corner of the room, Murphy's law, biorhythms, wishing to the moon, blowing warts to the moon, wishing with chicken bone, wishing with falling star ,wishing while swallowing objects whole, wishing wells, something old...something new, lucky chain letters, horse shoe, breaking a mirror, looking at mirror at midnight, umbrella in house, bee in house, beginner's luck, third time

lucky, cock crowing, new purse must have money in it, four-leave clover, borrowed salt, knife as gift, handkerchiefs as gift, taking last food on table, wedding dress with blood on it, rain on a wedding, child looking through his legs, red & white flowers arrangement, wishing when train crosses the bridge, seeing an ambulance, pod with 9 peas, fixing clothes on your body, cutting material on a Friday, picking up buttons from the ground, handing over scissors back to front, getting music for birthday, kissing under the mantle, jacaranda leave falling on head, blue sparrow flying over head, planting at full moon, shiver-someone walking over your grave.

† 6. Naturalism

Atheism, Agnosticism, Existentialism, Modernism, Postmodernism, Humanism,

† 7. Idolatry

Sport teams, sport stars, movie stars, porn stars, celebrities, politics, politician, husband, wife, parent, child, friend, money, possessions, medications

“You cannot be a slave of two masters; you will hate one and love the other; you will be loyal to one and despise the other. You cannot serve both God and money. [Mat 6:24 GNB]

If, then, you have not been faithful in handling worldly wealth, how can you be trusted with true wealth? [Luk 16:11 GNB]

† 8. Social sin

Not honouring parents, not honouring leaders, lying, not keeping your word, breaching contracts, breaking covenants, lying under oath, fraud, deception, corruption, theft, debt, fearfulness (unbelief), pride, apathy (not caring), suspicions, untrustworthiness, prejudice, gossip, manipulation, shunning, tantrums, quiet tantrums, bitterness, resentment, hatred, wrath, unforgiveness, nurturing or harbouring grudges, contemplating revenge.

We tend to think that by forgiving someone, you are doing them a favour. In fact, you will be doing yourself a favour, because nurturing resentment, harbouring grudges and contemplating revenge will destroy you from the inside. Jesus clearly stated that your sins can only be forgiven to the same extent that you have forgiven other people. (Read Matthew 18)

"If you forgive others the wrongs they have done to you, your Father in heaven will also forgive you. But if you do not forgive others, then your Father will not forgive the wrongs you have done." [Mat 6:14-15]

And when you stand and pray, forgive anything you may have against anyone, so that your Father in heaven will forgive the wrongs you have done." [Mar 11:25]

"Do not judge others, and God will not judge you; do not condemn others, and God will not condemn you; forgive others, and God will forgive you." [Luk 6:37]

"Be kind and tender-hearted to one another, and forgive one another, as God has forgiven you through Christ." [Eph 4:32]

† 9. Sexual sin

Extra-marital (outside marriage), adultery & infidelity (with someone else while married), lesbianism (woman to woman), homosexuality (man to man), incest (with other family members) bestialism (with animals), molesting & paedophilia (with children), voyeurism (peeping Tom), pornography (pictures), exhibitionism (displaying your nakedness in public), masturbation (using your hand), anal (in the rear), oral (in the mouth), sexual stories & fantasies, perversion (kinky), sex in public, nudism, prostitution (selling or buying sex), strip shows, nude modelling/ photography, promiscuity (easily available), immorality, licentiousness, (without rules) lasciviousness or lewdness (dirty mind), lust (strong uncontrolled desire), sexual manipulation, fornication (loose sex), decadence (letting go), debauchery, rape (sex with violence), BDSM, sexual coldness, sex during a woman's period, incubus & succubus (sex with demons).

Adulterers and adulteresses! Do you not know that the friendship of the world is enmity with God? Therefore whoever desires to be a friend of the world is the enemy of God. [Jas 4:4 MKJV]

† 10. Trauma

(Shock situations can allow you to drop your guard and allow spirits of fear, revenge etc to get a hold on you.)

Relationship break-up, divorce, assault, rape, miscarriage, abortion, hi-jack, car crash, explosion, death of a loved one.

Depression = depressed anger!

Grief= depression + anxiety!

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